

REVIEW OF HEALTH HISTORY

Patient Name _____ Date _____

Please list any surgeries, accidents, or injuries	Date	Physicians notes
1 _____	_____	_____
2 _____	_____	_____
3 _____	_____	_____
4 _____	_____	_____

List of allergies or sensitivities _____

Is there a family history of any of the following (Please check and indicate which family member)											
	Y	N	Who		Y	N	Who		Y	N	Who
Heart disease				Migraines				Osteoporosis			
High blood press.				Diabetes				Alzheimer's			
Low blood press.				Hepatitis				Parkinson's			
High cholesterol				Cancer				Thyroid Prob.			
Emotional prob.				Asthma				Arthritis			
Obesity				Anemia				AIDS/HIV			
Other _____											
Have you had any of the above illnesses?											

Please indicate any use of the following							
	Y	N	Frequency and amount		Y	N	Frequency and amount
Tobacco				Soda Regular			
Coffee Regular				Soda Diet			
Coffee Decaf				Sweets and desserts			
Tea Caffeinated				Recreational Substances			
Tea decaf				Water			
Alcohol				Meditation			

Vitamins, supplements, and herbs (dose and frequency) _____

Prescription drugs (dose and frequency) _____

PAIN ASSESSMENT

Patient Name _____ Date _____

Chief Complaint(s) 1 _____ 2 _____

Is your present problem due to an injury On the Job Auto Accident Personal Injury Other _____

Did your pain begin Gradually Suddenly

Is your pain Constant Intermittent

Is your pain worse when you Sit Bend Walk Lift Push Pull Other _____

Which of the following areas do you have the most pain, discomfort or restriction of motion

- Neck Shoulders Arms Hands Upper Back
- Mid Back Low Back Pelvis Hips Legs
- Knees Feet Other _____

Using the following chart, how would you rate your pain in percentages when you

Occasionally = 33%
 Frequently = 34-66%
 Constantly = 67-100%

Sit _____% of the time
 Stand _____% of the time
 Walk _____% of the time

Rate the severity of your pain by checking one box on the following scale

10 = Extreme Pain
 1 = least pain

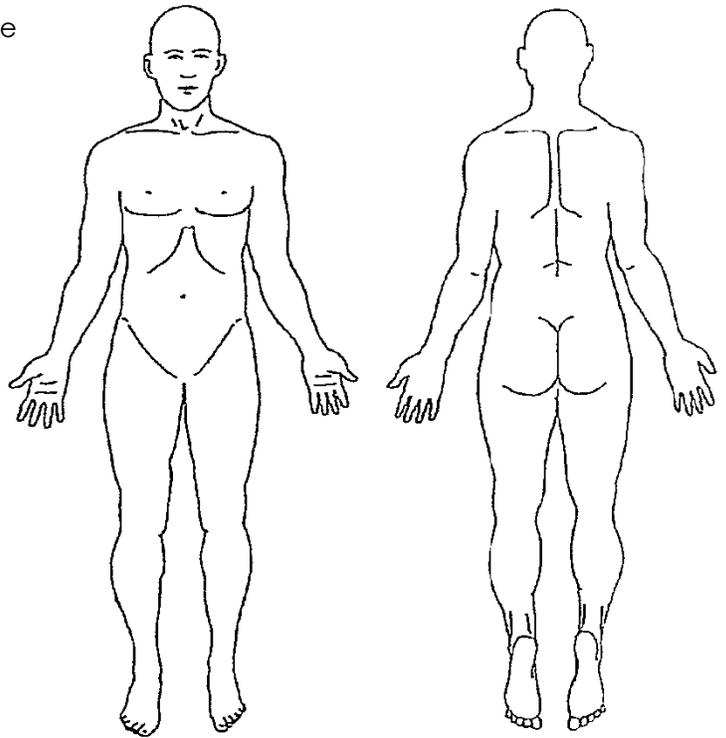
Extreme

10
9
8
7
6
5
4
3
2
1
0

None

Circle the areas of pain on the figure to the right. Then indicate the type of pain using the codes below:

- +++ Burning
- Sharp
- 000 Stabbing
- III Constant



Does your pain interfere with your Work Sleep Daily Routines

Do you feel your present condition is Temporary Permanent Not Sure

List as additional comments you wish to make regarding your condition _____

Patient Signature _____



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LATE CANCEL POLICY

When you schedule your acupuncture appointments you are making a commitment to your health and your well-being. Making an appointment is a time and money commitment that we make to each other. Cancelling your appointment without sufficient notice creates a loss situation for all of us. You aren't getting the health support that you need, other patients are prevented from scheduling that treatment time, and the clinic loses the financial support that sustains it.

In effort to support you in keeping your appointments we will:

- Call you at least 24 hours prior to confirm your appointments.
- Offer you a reminder card with the date and time of your appointment.
- Email an appointment confirmation to you.
- Keep a waiting list for people who want appointments on that day so it will be easier to fill a missed appointment.
- Provide a 24-hour voicemail system that will time stamp your cancellation message.

Please sign your agreement to the following statement:

I agree and commit to keep my scheduled appointments to the best of my ability. I will call 24 hours prior to my appointment if I cannot keep my scheduled appointment or by noon on Saturday for Monday appointments. If I fail to do this, I understand that I will be charged twenty- five dollars (\$25.00) for a missed appointment. I understand that insurance does not cover missed appointment fees and therefore the \$25.00 fee is my sole responsibility.

Signature

Print Name

Date